

December 2023



News and Updates from the Comprehensive Opioid, Stimulant, and Substance Use Program Collaborative at NYU

As we wrap up 2023, we want to share several resources with you. First, the NIH HEAL Initiative released a continuum of care guide for addressing opioid overdose, which includes 19 evidence-based strategies to assist communities, policymakers, and practitioners. Another is the recent report released by the U.S. Department of Health and Human Services on contingency management (CM) in the treatment of SUDs. CM is widely recognized as the most successful intervention for addressing stimulant use disorder. There is also evidence for CM efficacy in treating alcohol, cannabis, and tobacco use disorders and as an adjunct treatment for MOUD. Finally, from our Canadian friends, guidance on treatment for clients with alcohol use disorder, including 15 recommendations for screening, diagnosis, withdrawal management, and ongoing treatment (psychosocial treatment interventions, pharmacotherapies and community-based programs).

During this holiday season, we extend our deepest gratitude to our partners who help people with substance use disorders receive the services they need to be safe and healthy. Your dedication and compassion inspire us every day. Wishing you a well-deserved break and moments of joy.

Happy Holidays!

—The NYU COSSUP Collaborative Team

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