



**NYU**

Marron Institute  
of Urban Management

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**News and Updates from the Comprehensive Opioid,  
Stimulant, and Substance Use Program  
Collaborative at NYU**

What is recovery? Is it a process or an outcome? Research suggests that recovery from substance use disorders is attained only by some people, some of the time. Because September is National Recovery Month (reminding us that those with SUD can live healthy and rewarding lives), we are providing links to several resources on recovery. One argues that recovery needs to be [better defined](#), another is to the National Institute on Drug Abuse's recovery [webpage](#), and the third is to NIDA's updated treatment [handbook](#). Autumn begins this month, and we wish you a wonderful leaf-raking, cider-drinking, sweater-weather start to the season!

—The NYU COSSUP Collaborative Team

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